

- I. In logical sense the problem of Reality and of practice should be approached first thru problem of knowledge.
  - A. From this follows the Metaphysics which in turn implies corresponding principles of;
    1. Science or formulation of relationships existing in the world of things.
    2. Ethics or formulation of principles governing subjective relationships, in connection with attitudes or purpose.
  - B. From the foregoing follows actual life practice.
  
- II. Complete treatment in the above sense impractical in speaking to general audiences.
  - A. Reference to the Kantian pedagogical principle of addressing medial portion of class.
  - B. Accordingly the problem is approached pragmatically starting with the typical life situation.
  
- III. As we face the actual life-situation we are confronted with a two-fold problem, one aspect intellectual, one emotional.
  - A. Intellectually; we are continually defeated in the effort to find the Real.
    1. Science has forced us to a position where neither Time nor space are real but derivative from something more ultimate.
    2. Work on the atom has thrown into doubt our presuppositions of continuity.
    3. In a word all our work leads to approximation only and seems ever to be in a state of Becoming.
  - B. Emotionally; we are surrounded by failures of our ideals, suffering, and loss of those dear to us.
    1. Many feel the world-pain so keenly that they react with suicide, suppression of consciousness in all kinds of intoxications, cynicism, etc.
    2. We are oppressed with the fight between the Dr. Jekyll and Mr. Hyde in our own natures.
  
- IV. Yoga philosophy states that the cause of this dual set of problems is due to the following causes:
  - A. The effort to solve the problem of Reality with an incomplete cognitive technique.
  - B. By the almost universal identification of Self with not-self.
  
- V. Yoga science is a technique by which new cognitive powers may be awakened.
  - A. With this awakening either old problems are solved or they disappear as problems.
  - B. The Path must be walked before the problems can be solved,
    1. In other words, to know the Doctrine the student must ~~live~~ live the Life.
    2. It follows that knowledge of the Wisdom Religion is dependent upon ~~Etixx~~ ethical practice.
      - a. This stands in contrast with Western science.
        - (1) The curse of this shown in the recent war.
      - b. The reason why great spiritual teachers always emphasize ethical conduct.
  
- VI. Proceed to No. II under "Different forms of Yoga and their Purpose!"

