

## CONTEMPLATION

Concentration is to the personality, what Meditation is to the Soul, and Contemplation is to the Spirit of the three-fold Being--the seven-fold, Adept.

In concentration we focus our attention upon an objective and then will it to unfold its potentialities <sup>to our gaze</sup> ~~for our use~~. Concentration, thus is especially a power for use on the outer planes of life.

In Meditation we focus our attention upon some <sup>selected</sup> ~~xxxxxxx~~ word or sentence, preferably a word, and its quality. Thus, if the word POWER be chosen, we would inhibit every thought not pertaining to power until we have quieted the mind and centered it in the WORD POWER. Then ~~xxxxxxx~~ passing within it to its quality we watch unfold perhaps the whole history of the word, and then its potentialities and then its personal application to our inner stage of unfoldment.

In Contemplation we are in a state of High Indifference. No word is chosen, no activity touches us. We have withdrawn from the active mind into the center of our Soul x, and there, still, yet fully aware, we watch, listen and observe, yet those three are in a unified state, thus constituting a new faculty which absorbs <sup>all</sup> ~~awareness~~, or is full awareness. Yet it is like sight in this world, when the mind is stilled, and we look out from a mountain top, letting all the perspective before us reveal itself to our vision. We do nothing but Look & *be aware*.

When meditation has been perfected, it becomes the faculty of the Soul, ~~xxxx~~ The Soul is ~~xxxxxxxxxxxx~~ The Perceiver, vision its self, pure and simple, for the soul looks directly upon IDEAS.

The Soul is the Perceiver, but the Spirit is the Power of Perceiving. As the sun illumines the whole world, even so does the One Spirit illumine every body.

"Seeing the same Lord present in everything, he does not by the Lower Self, destroy his own soul, but goeth to the Supreme."

Spirit is the Power, the Life, the Seed in all things. It is the Omnipresence in and through all forms, <sup>but</sup> unconscious of you until you become conscious of IT. Causing all changes, it changes not.

Here is a mantram for meditation for you.

' Spirit causes all changing things to fall into my Divine ORDER, for I am the Changeless One who changeth not, and I am in and through you, unconscious of you, until you are conscious of Me.

While all Paths lead to Me, it is only when the Permanent as distinguished from the perishable is realized, that false paths are forsaken and the True Path is entered ~~and followed~~

*J. H. P.*